

InnerPRIZES LLC

with *Teresa R. Getman*

8 to Your Ideal Weight

2 Sessions by Teresa R. Getman and Cathy Stockwell

2 8-week Online Classes

- Session #1 Wednesdays, September 15 - November 3
8:00 PM - 9:00 PM EST
- Session #2 Fridays, September 17 - November 5
8:00 AM - 9:00 AM EST

\$248

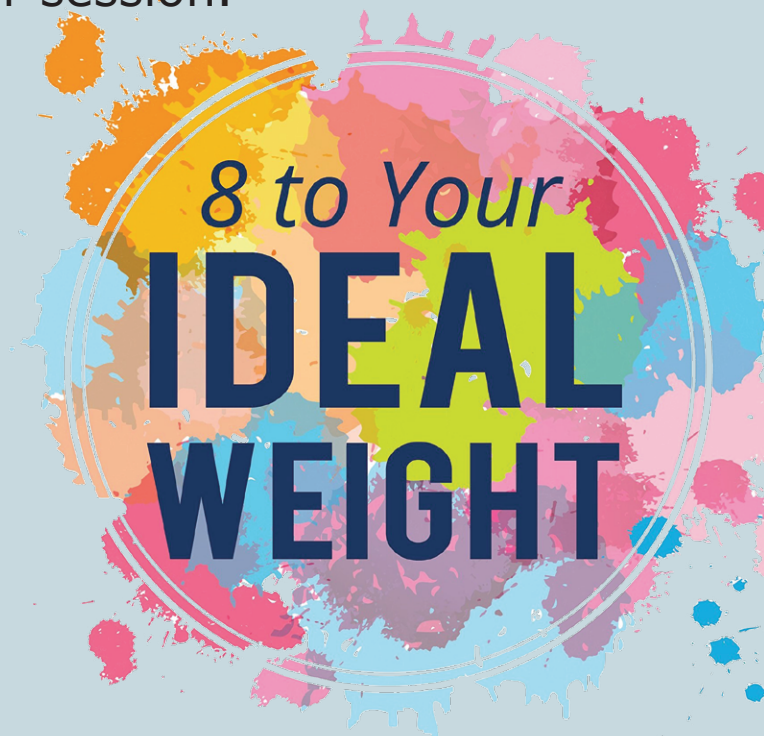
50% off the regular course price of \$497

We are committed to a personalized experience, so class size is limited to 8-10 per session.

For more information
and to register:
innerprizesllc.com/workshops

*Let go of what's weighing
you down.*

If you are serious about
losing weight to get
healthier, this is the course
and coach for you.



Based on the bestselling book,
8toYourIdealWeight.com